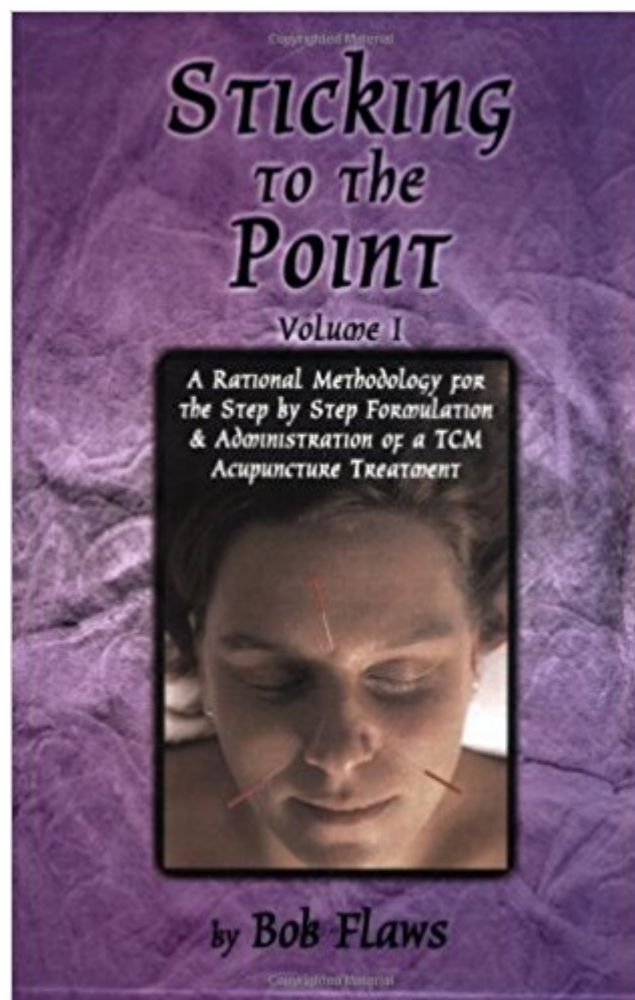




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Sticking To The Point: A Rational Methodology For The Step By Step Formulation And Administration Of A TCM Acupuncture Treatment (vol. 1)



Synopsis

A new, revised edition of the first book for students and practitioners which explains how to do TCM style acupuncture. This book explains in depth how to do a complex, individualized TCM pattern discrimination, how to arrange and make sense of a welter of confusing signs and symptoms, and how to think using TCM terms and statement of fact. Western students and beginning practitioners will find this book an invaluable aid in honing their ability to understand and use TCM. Although specifically about acupuncture, the method presented in this book can be used to erect a TCM treatment plan using any Chinese modality Chinese herbs, Chinese dietary therapy, tui na or Chinese massage, or qi gong, Chinese energy exercises. Included in this book are the functions of the main points of acupuncture and the functions of the main two and three point combinations.

Book Information

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Customer Reviews

I wrote this book because it seemed to me that Western schools of Chinese medicine were not making the fundamental methodology of this system of medicine clear to their students. Other Western teachers seemed not to be clear on this matter themselves, while Chinese teachers either did not see why explaining this methodology was necessary or did not have the English to explain it adequately. Having explained over and over again what I thought were self-evident basic concepts to non-Chinese students around the world, I realized that this material is not self-evident and needed to be spelled out in English even if it did not need to be spelled out in the same way in Chinese. After practicing Chinese medicine for more than 20 years, my experience is that Chinese

medicine is essentially a problem-solving methodology, not a bag of exotic clinical tricks. Until or unless one becomes clear about this methodology and can use it in real-life clinical practice, Western practitioners are often only practicing Western medicine using Chinese herbs and acupuncture needles. Whereas, for me, the methodology of Chinese medicine is the real thing, a wish-fulfilling gem that can solve most clinical problems on an ad hoc basis no matter what the idiosyncracies and complications.

Bob Flaws is one of the most famous practitioners, teachers, and authors of Chinese medicine in the world today. He has written, edited, and/or translated over 100 books and scores of articles on all aspects of Chinese medicine. Bob Flaws began his study with (Dr. Eric) Tao Xi-yu in Denver, CO in 1977. In 1982, he went on to continue his acupuncture studies at the Shanghai College of Chinese Medicine. As a teacher, Bob Flaws is also known for the clarity of his presentations and his penetrating insight.

I bought this book when I was wanting to review for my senior level exams in acupuncture. This book is a neat little review of things a practitioner should think about when approaching a patient. It walks you through diagnosis and point selection in almost a narrative manner. Not a really comprehensive reference but a handy little book that is easy to read. I picked up many little points from it.

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